# **FITNESS INOX**



7807



## PRODUCT NO 7807

# Dimensions:

width: 79 cmlength: 105 cm

• overall height: 200 cm

#### Safety zone:

width: 379 cmlenght: 405 cm

## Free Fall Height:

• 64 cm

The heaviest element: 18 kg The biggest element: 69 cm

# Attention:

Product not intended to be installed in loose surfaces such as sand, gravel or bark etc.

# INFLUENCE OF TRAINING:

Perfectly shapes abdominal muscles. Develops oblique and core muscles.

## **BODY PARTS:**

